



# REQUIRED MEDICAL DOCUMENTATION FOR WIC FORMULA AND APPROVED WIC FOODS - PREGNANT, BREASTFEEDING, AND NON-BREASTFEEDING POSTPARTUM WOMEN

State Form 55324 (8-14)

INDIANA WOMEN, INFANTS, & CHILDREN PROGRAM (WIC)  
INDIANA STATE DEPARTMENT OF HEALTH

Patient's Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

Minor Prenatal or Postpartum Patient's  
Parent/Guardian/Caretaker Name: \_\_\_\_\_

## PLEASE COMPLETE EACH SECTION FOR YOUR PREGNANT OR POSTPARTUM PATIENT

### 1. Qualifying medical condition(s) include, but are not limited to: (Check all that apply)

- ☐ Gastrointestinal disorders ☐ Malabsorption syndromes ☐ Immune system disorders  
☐ Severe food allergies that require an elemental formula  
☐ Inborn errors of metabolism and metabolic disorders  
☐ Disease and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the participant's nutrition status

### 2. Name of WIC standard infant formula/exempt infant formula/WIC-eligible nutritionals prescription:

Prescribed amount per day: \_\_\_\_\_

Physical Form: ☐ Powder ☐ Concentrate ☐ Ready to Use

Special instructions for preparation and use: \_\_\_\_\_

### 3. Allowed WIC foods (please check appropriate boxes)

<input type="checkbox"/> <b>No foods</b>	<input type="checkbox"/> <b>All foods EXCEPT (check all that apply)</b>		
<input type="checkbox"/> <b>All foods</b> (Women receive 1% or Skim milk only)	<input type="checkbox"/> Breakfast cereal	<input type="checkbox"/> 100% juice	
	<input type="checkbox"/> Fresh/frozen fruits and vegetable	<input type="checkbox"/> Whole wheat bread or other whole grains (fully & partially breastfeeding women only)	
	<input type="checkbox"/> Eggs	<input type="checkbox"/> Beans or peanut butter (>2yrs)	
	<input type="checkbox"/> Cheese	<input type="checkbox"/> Fish (fully breastfeeding women only)	
	<input type="checkbox"/> Milk		
	The following choices may be provided for patients who have a qualifying condition. Please check all that apply. <u>A length of use is still required when ordering these items.</u> (Formula or WIC-eligible nutritionals are not required for the patient to receive these items.)		
<input type="checkbox"/> Whole milk	<input type="checkbox"/> 2% Milk	<input type="checkbox"/> Infant cereal (in place of breakfast cereal)	<input type="checkbox"/> Pureed fruits and vegetables (in place of fresh/frozen fruits and vegetables)

4. Length of use for this prescription: ☐ 1 month ☐ 3 months ☐ 6 months ☐ 12 months

Other: \_\_\_\_\_

**SIGNATURE** (Health Care Provider): \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name (Health Care Provider): \_\_\_\_\_

Medical Office/Clinic: \_\_\_\_\_

Telephone: \_\_\_\_\_

Address: (number and street, city, state, and ZIP code) \_\_\_\_\_

### WIC Staff Use Only:

Non-qualifying conditions: • food intolerance, • Patient preference, • Management of body weight with no underlying medical condition